

MISSA 2012

ABSTRACT PAINTING WITH COLD WAX MEDIUM AND OIL

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Student Supplies:

PANELS: You will need approximately 15-20 painting supports: 10x10", 12x12", 9x12", no larger than 16x16" please.
Please bring your panels already gessoed and ready to go (see instructions below)

There are three possible options below:

1. Panels made of 1/8" ply with sides that are 1-1 1/2" deep.
2. 1/4" Masonite from a lumberyard. They can cut them for you to size.
3. "Multimedia Artboards"- (This is the trade name). These are made of paper coated with resin so they are very stiff. They need no gessoing. These are very lightweight and easy to pack in your suitcase if you are coming from a distance. They are available at www.dickblick.com. Check your local art stores as well. www.multimediaartboard.com

The size and shape of the panels depends on your personal preference, 9x12", 12x12" up to 16x16". Please do not bring panels larger than 16x16".

COLD WAX MEDIUM:

Gamblin Cold Wax Medium or Dorland's Wax Medium: bring at least 16oz.

OTHER SUPPLIES:

Dough Scraper (used to apply cold wax medium) –available at the workshop for \$10

Oil paints (see list below)

One or more palette knives of various sizes

Cotton rags (LOTS), cut up t-shirts or buy rags at a hardware store. Not flannel.

Latex or vinyl gloves or protective cream for hands

Paper Palette-12x16 or larger or freezer paper

Apron (this is messy)

Tissue paper (a cheap kind for texturing the wax)

Objects to use for creating texture (see below)

Bottle of vegetable oil for cleaning up

roll of wax paper

5 sheets of printmaking paper

plexiglas sheet-8x10" –for printmaking

OIL PAINTS RECOMMENDED –you might want more than one tube of some of these colours, depending on how much paint you use.

Hansa Yellow Light

Indian Yellow

Phthalo Blue (green shade)

Phthalo Blue (red shade)

Quinacridone Magenta

Perylene Red

Zinc White

Titanium White

Asphaltum - only Gamblin and Kama Pigments make this colour of paint.

Good paint brands: Kama Pigments (out of Montreal) www.kamapigments.com
Gamblin, Holbein, Old Holland, M. Graham, Winsor Newton

Brayer: (roller) The soft rubber Speedball is best. Get 4" size used for printmaking.

Palette Knives:

Bring at least one palette knife. (or more if you have them). Try the trowel (offset) blade and the flat ones.

For Texturing:

To make textures in the oil/wax surface, bring along various implements and objects to create textures, such as, combs, a whisk broom, wooden BBQ skewers for drawing into the wax, string, netting, mesh, anything you can think of that would make an interesting texture. Fabric with a heavy, raised texture works well...try upholstery fabric.

For Monotypes

Small sheet of Plexiglas-8x10"

Printmaking paper: 5-10 sheets. Try Masa paper (inexpensive and works well for this process), Japanese papers, BFK Rives (coloured or white).

HOW TO GESSO YOUR PANELS:

I use a good quality gesso- Golden Gesso-to prepare my wooden painting panels.

I use a 4" foam brush (not a foam roller. It makes the surface rough). Brush the gesso onto the surface in one direction.

When thoroughly dry, lightly sand the surface.

Apply a second coat of gesso brushing the gesso in the opposite direction.

Let dry. Lightly sand.

Apply third coat of gesso, brushing in the direction of the first coat.

Let dry. Lightly sand.

If you use a cheaper quality, be sure to apply at least three coats, and 4 or more would be best.

You want a nice smooth surface.

If you decide to use ¼" masonite panels, be sure to gesso the backside of the panels with one or two coats of gesso. This will keep the panel from warping.